

PUBLISHER'S NOTE



Dear Heights Readers!

We are so excited to welcome Spring in our April edition of Heights Living- the neighbors of Haddon Heights have given our publication so much praise and we are so appreciative to get feedback from so many of you!

This month, our family feature, **The Parks family** who are longtime Heights residents invite us into their home and share their love for both each other and the Heights community!

Additionally, we hear from our experts Kathryn Mullan of Coldwell Banker, Owners of Haddon Spot, and Michael Neel with M.R. NEEL Plumbing & Heating.

We cover our newest local business on Station Avenue, sports, pets and so much more!

We hope you enjoy and invite you to share your story with us for future editions!



HEIGHTSLIVING

PUBLICATION TEAM



Grace Hopper







DESIGNER Benjamin Shelton

CONTRIBUTING PHOTOGRAPHER Matt Soult



ADVERTISING

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. FEEDBACK | IDEAS | SUBMISSIONS

Have feedback, ideas, or submissions? We are always happy to hear from you! **Deadlines** for submissions are the 10th of each month.

Go to BestVersionMedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: kjorgensen@ bestversionmedia.com.

Best Version Media

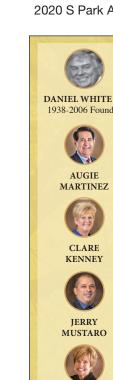
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REAL ESTATE SOLDS AS OF 2-1-22 - 3-10-22

ADDRESS	CITY	BEDS	BATHS	SQ FT	LISTING PRICE	SOLD PRICE	
8 W Atlantic Ave	НН	5	2/1	2838	\$599,900	\$590,000	Closed
1126 Prospect Ridge Blvd	НН	3	2/1	2000	\$464,900	\$492,500	Closed
503 White Horse Pike	HH	4	1/1	2024	\$339,900	\$335,000	Closed
112 7th Ave	HH	3	2/1	1276	\$305,000	\$315,000	Closed
1600 Prospect Ridge Blvd	НН	4	2	2068	\$290,000	\$290,000	Closed
401 E Atlantic Ave	НН	2	2	1224	\$259,900	\$245,000	Closed
512 4th Ave	HH	3	1/1	1916	\$489,900	Active/Under	Contract
411 4th Ave	HH	4	2	2020	\$400,000	Active/Under	Contract
1908 W High St W	HH	3	2	1700	\$399,997	Active/Under	Contract
9 11th Ave	HH	3	2	1664	\$395,000	Active/Under	Contract
1232 Sylvan Dr	HH	3	1	1178	\$269,000	Active/Under	Contract
1232 Kings Hwy	HH	3	1	1360	\$249,900	Active/Under	Contract
1620 Cedar Ave	HH	4	2/1	2280	\$399,900	Active	
124 7th Ave	HH	3	1/1	1791	\$315,000	Active	
103 Highland Ave	HH	3	1	1044	\$270,000	Active	
207 10th Ave	HH	5	1/1	2094	\$499,900	Active	
28 11th Ave	HH	3	1	1573	\$300,000	Active	
1337 Chestnut Ave	HH	3	1	1424	\$275,000	Active	
1107 W High St	HH	3	2/1	1625	\$435,000	Active	
1629 Maple Ave	HH	3	1/1	1456	\$329,000	Active	
26 Lipponcott Ave	HH	3	1/1	1288	\$419,000	Active	
2020 S Park Ave	НН	4	2	1776	\$342,500	Coming Soon	

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John Pajawis, born and raised in Camden, has been a self employed financial adviser since 2002, as owner of Freedom Financial he helps families and individuals with advice in investments, taxes, and other key money matters. Helping others is not an option for John, but an obligation.

AUDIOLOGY | JONATHAN S. AYES | ASSOCIATES IN



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Jon Ayes joined Associates in Hearing HealthCare in July of 2014 as Director of Operations. He became practice owner in November 2018. Jon brings 25 years of experience in managing health care practices in

a manner that enhances patient experiences. When not working, Jon enjoys family time and a good golf game.

CHILD DEVELOPMENT | HADDON SPOT



(856) 739-7768 | haddonspot.com

705 Station Avenue, Haddon Heights, NJ 08035

Alison Abay, M.S. CCC-SLP, Allison Smith, OTR/L, and Lauren SOOT Pryzbylkowski, M.B.A. are the co-founders of Haddon SPOT, a child development center that provides services grounded within the domains of Speech, Physical and Occupational Therapy. The Haddon SPOT team

is dedicated to helping children grow and gain independence by building caring relationships and engaging experiences with each child and their family. They bring this passion to life through individual therapeutic services, small group socialization and skill building classes, special events and community activities, and parent coaching and workshops.

DENTISTRY | ANDREW DIETZ | THE HADDON DENTIST



(856)-547-8664 | 101 White Horse Pike Haddon Heights, New Jersey 08035

Originally from Youngstown, Ohio, Dr. Dietz received his Doctor in Dental Surgery degree from Case Western Reserve and his Certificate in Prosthodontics from Temple University. In 1999, he started his solo practice in Haddon Heights. Remaining in Haddon Heights, in

2019 he opened a new state-of-the art facility where he practices general dentistry and prosthodontics. Dr. Dietz and his team take pride in providing personalized quality dental care. He holds leadership positions in organized dentistry on the local, state, and national level as he is committed to ensuring that patients continue to receive quality dental care and the advancement of the dental profession. In his spare time, Dr. Dietz enjoys competitive amateur golf and traveling with his family.

DERMATOLOGY AND COSMETIC SKINCARE | DR. ANAMARIA NEWPORT, DMS, DMD*, MHS, PAC | FAMILY SKIN CARE CENTER,



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Owner of the Family Skin Care Center in Haddon Heights, NJ,

Dr. Newport is a highly sought after professional with extensive experience in dermatology, skincare, and cosmetic procedures using the latest technology and her own homeopathic style. A renowned public speaker, Dr. Newport is regarded as an "artist" in her industry working with patients of all ages and skin colors.

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ELECTRIC Urbano Electric is Family Owned and Operated By Pete Urbano Jr and Stephen Urbano. The company was established in 1985 by Pete Urbano Sr. who operated the company until 2012. Pete Sr took pride in operating

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Kirk Popiolek was raised in the Erial section of Gloucester Township, NJ. He is a 1994 graduate of Paul VI High School. After graduating from high school, Kirk attended the Philadelphia College of Textiles & Science,

but later transferred to Mercer County College, majoring in Mortuary Science and Business Administration. In 1998, Kirk graduated from college and was licensed by the State of New Jersey as a Practitioner of Mortuary Science. During his career, Kirk has worked in some of the areas largest and culturally diverse funeral homes. In 2003, Kirk purchased the Metts-Davis Funeral Home in Barrington, NJ renaming it the Popiolek Funeral Home. Kirk and his wife Rebecca, along with their children Noah, Abigail Aaron and Emily reside above the funeral home.

INSURANCE | DAN MILLER | STATE FARM INSURANCE AGENT



910 Kings Highway | Haddon Heights, NJ 08035 (856) 546-0700 | dan@danmillerir.com Dan Miller is a married (23 years) father of 2 sons who has been a NJ resident for over 15 years. His office boasts 55 years of Insurance experience and has advised thousands of NJ drivers and homeowners with their most valued investment. Dan's is small office that prides itself in a

hands on approach to your insurance needs and is licensed to provide insurance in New Jersey and Pennsylvania. Dan is a State Farm Legion of Honor recipient and Small Business Leader.

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Haddon Heights, NJ | M: 856-534-3553 A: P.O. Box 61 Clementon, NJ 08021

@4seasonlawn | W: 4seasonslawn.com | E: seasonscare4u@aol.com Thomas McAnany, Owner at 4 Seasons Landscaping and Lawn Care. Thomas his wife Shannon(Owner-Salon Social), and daughter Sutton moved to Haddon Heights in 2020 after years of working in the the town.

The beautiful town, shops, restaurants and people drew us in. We wanted to be close to family and friends. 4 Seasons has been servicing Haddon Heights for 15 years, offering complete maintenance for your property. At 4 Seasons we believe that your property is where family, and friends make memories. Our goal is to create a beautiful property, while maintaining it to keep it looking its best. Here at 4 Seasons we offer services for both the residential homeowner and for bigger commercial properties. The best part is that every customer is treated extremely personal by providing quality service with a passion.

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111 Bewley Rd | Haddonfield, Camden County 08033 856-745-4820 | Jakubowskiheatingandair@gmail.com As Owner/Operator of Jakubowski Heating & Air, Daniel has been providing outstanding service in South Jersey for the last 12 years. Jakubowski Heating & Air takes care of all your HVAC needs including new installation, preventative maintenance, and system repairs.

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KRESLOFF EYE ASSOCIATES

900 Haddon Ave, Suite 102 Collingswood, NJ 856-854-4242 | www.kresloffeye.com | fb: kresloffeyeassociates Dr Michael Kresloff, MD is a board certified ophthalmologist, a fellow of the American Academy of Ophthalmology and a member of the American Society of Cataract and Refractive Surgeons. He is a Wills

Eye affiliated surgeon specializing in laser cataract and refractive surgery. His goal is to reduce or eliminate his patients' need for glasses through the use of specialized lenses that correct for prescriptions including astigmatism. He has been recognized by many online, local and national publications as a top doctor for his work and compassion.

PLUMBING & HEATING | MICHAEL NEEL | M.R. NEEL



PLUMBING & HEATING

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M.R. Neel Plumbing & Heating is a family owned and operated business. Founded in 2007 by Michael Neel, a third generation plumber, our

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REAL ESTATE | KATHRYN MULLAN, REALTOR-ASSOCIATE®



C. 609.970.3078 | O. 856.685.5600 | KMullan@cbpref.com | KathyMullanMovesSouthJersey.com

As a top-producing, award-winning real estate agent, Kathryn Mullan's business is built on relationships. A lifelong Southern New Jersey resident who has lived in Haddon Heights since 1999, she is well-versed in the area and also excels at helping locals buy or sell at the Jersey shore.

Kathryn enjoys living in Haddon Heights with her husband, two children and two dogs and spending time at their beach house in Wildwood Crest. Contact her today for your real estate needs – she would be honored to serve vou!

ROOFING | ANTHONY POLIZZI | THE ROOF GUY



Siding | Windows | Door | (856) 617-0009 www.roofguynj.com | Apolizzi@guyontheroof.com Anthony Polizzi, founder of The Roof Guy saw a need in the industry for more contractors to operate with honesty and integrity. The Roofing Guy's motto is simple, do what you say you're going to do, when you say you're going to do it.

WEALTH MANAGEMENT | WILLIAM "BILL" WALTERS | NEW YORK

LIFE INSURANCE 267-278-5062 | 379 Thornall Street, 8th Floor, Edison NJ 08837 wjwalters@ft.newyorklife.com | linkedin.com/in/billjwalters William "Bill" Walters is an agent for New York Life Insurance. Bill Grew up in Haddon Heights, New Jersey. New York Life has 176 years of documented success, Please let Bill protect your family so you can focus on creating memories. Bill will serve you with personalized, effective,

financial strategies thus creating unique solutions for you and your family.

To learn more about becoming an expert contributor, contact Grace Hopper at ghopper@bestversionmedia.com or 908-400-6898.





"Our Promise is to always treat each and every project, home, and homeowner as if it were our own. Our motto is simple, do what you say you're going to do, when you say you're going to do it."

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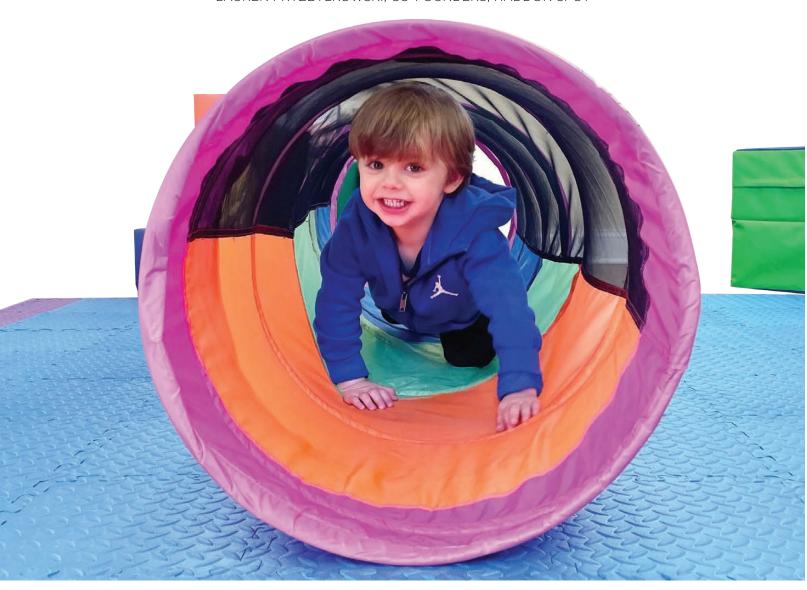


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DON'T WAIT AND SEE:

TAKE ACTION if You **SPOT** a Developmental Delay

BY ALISON ABAY, ALLISON SMITH AND LAUREN PRYZBYLKOWSKI, CO-FOUNDERS, HADDON SPOT



on't Wait and See: Take Action if You SPOT a Developmental Delay By Alison Abay, Allison Smith and Lauren Pryzbylkowski Co-Founders, Haddon SPOT

Developmental milestones can be a source of joy and stress for parents. We look forward to the first smile, first step and first word, but fear our child may be falling behind if they don't reach these milestones according to the recommended timeline. For the first time in 20 years, The Centers for Disease Control and Prevention (CDC), in partnership with the American Academy of Pediatrics, published updated expectations for developmental milestones to better

promote monitoring and encourage conversations about child development between parents, pediatricians and early childhood providers.

While these changes have been a source of debate, they are intended to improve the detection of children with developmental delays. The previous checklists set milestones that at least 50 percent of children at a given age would be able to demonstrate. Now, the updated checklists include milestones met by 75 percent of children at the specified age. The hope is that this change will make it easier to spot the remaining 25 percent of children at risk for developmental issues and reduce the likelihood that families and professionals will take a waitand-see approach if children are missing milestones.

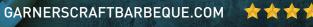
SOME OF THE CHANGES TO THE GUIDANCE INCLUDE:

- Adding checklists for ages 15 and 30 months; now there is a checklist for every well-child visit from 2 months to 5 years.
- Identifying additional social and emotional milestones (e.g., now a 4-month-old child should smile on their own to get a parent's attention).
- Eliminating motor milestones, specifically crawling (it's important to note that, while some children skip crawling altogether, there are great benefits of this milestone that support the development of many other skills).
- Adjusting language milestones; the new guidelines add a benchmark that children should say 50 words by 30 months (this clashes with guidance from the American Speech-Language-Hearing Association which states that saying fewer than 50 words at 24 months could be a sign of hearing loss or a language delay).

To view a complete list of the CDC's developmental milestones visit cdc.gov/milestones.

While these checklists can be helpful, as a parent, you know your child best. If you have concerns about their development, don't wait-and-see. There are a variety of resources available to help children who could benefit from treatment and learning interventions. Families with children under the age of three may seek assistance from the Early Intervention System by calling 888-653-4463 or visiting nj.gov. The child development providers at Haddon SPOT are also able to help with developmental screenings and comprehensive evaluations. Visit haddonspot.com for more information.in Mansfield Township, NJ, and partner of Everwood Day Camp in Sharon, MA, and Camp Southwoods in Paradox, NY. He's the past president of the American Camp Association, NY/NI, and host of the Day Camp Podcast.







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AROUND TOWN

BY KRISTEN JORGENSEN

hop Small at our favorite corner spot! John's "Friendly" Market is the place to go for fresh meats, produce, local groceries and smiling faces!





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Reflecting on Memories and Looking Forward to New Ones: MEET THE PARKS FAMILY

BY KRISTEN JORGENSEN | PHOTOS BY MATT SOULT

he best part of any community are the traditions and memories that we create through generations. Haddon Heights, being the wonderful town it is, has created a place where families not only choose to move to, but more importantly, choose to stay and raise their families. This was just the case for Dani Parks, a third generation Heights resident and her husband, Kyle Parks.

Dani and Kyle both attended high school together at Paul VI but didn't start dating until they were in college. Dani went to Rowan University for her undergraduates, before moving on to the graduate program at the Philadelphia College of Osteopathic Medicine. During that time Kyle attended and graduated from Temple University. The couple bought their first townhome together in 2008 at the Lumberyard in Mount

Ephraim, before marrying and eventually moving back to Heights. Dani and Kyle married in October of 2011 at the Saint Rose church, the same church that Dani's mother and sister had also gotten married in past years.

"I always knew there was no question when it came time for us to buy a home and start a family, that I wanted it to be in Heights. I knew how special it was for me growing up and I wanted to make sure my kids grew up somewhere special too." explains Dani. The couple turned their dreams into a reality and purchased their Heights home in January of 2016. They also expanded their family with the birth of their two children Eloise, three years old and Grayson, who just turned two years old in March. Successfully growing her family roots in Heights to now four generations, Dani looks forward to sharing her childhood memories and experiences with her children.

OLD MEMORIES

Dani grew up in Heights, with her parents, older sister, and living right next door to her grandparents. With both Dani's father and mother having generations of family deeply rooted into the community, the Haddon Heights community is a large and integral part of both Dani's childhood memories and life today. "My mother's parents have lived in Heights since 1968. When my parents got married, my grandparents actually subdivided their property and gave it to my parents to build their home, so I grew up living right next door to my grandparents." explains Parks. Her father also had deep ties to the community through generations, as Dani's paternal great grandmother was one of the very first EMS in town, so many vears ago. "My family has been in public service in Haddon" Heights for years. My great grandmother being an original EMS was just the start of our family's involvement in the community. It's a town that we have loved through multiple generations

and have proudly served in one way or another through the years." Dani details.

Dani's father continued his dedication to her family's public service legacy with investing over twenty years of his efforts to the community. Dani's father, Jack Merryfield was on Council President, Director of Public Safety, Planning Board, and Mayor of Heights from 2016 to 2019. "It was an incredible and inspiring experience getting to watch my dad as Mayor, while living in town as a resident. My dad was a huge role model for me and taught me what it meant to be fair and diplomatic. He taught me how to lead with openness and honesty." Dani's mother was also an incredible inspiration, teaching her daughters to be both gracious and tenacious. "My Mother was really doing so much behind the scenes, so to speak. She was the supporting role in our family, especially for my dad and sister while they were doing so much within the community. My father's time in public service took a lot of work and many hours, and during that time, she really held the house down." Dani's sister, Jackie Merryfield-Parisi, also has a significant history in the community for her public service career, totaling in over twenty-five years. Jackie has spent eighteen years on the planning board, sixteen years in the environmental committee and five years on the Juniors Women Club, just to mention a few.

Dani's paternal Grandfather also owned the old Window Factory from years past, which you now know to be Lunacy Brewing. "It's super surreal for me every time I go to Lunacy Brewing because I can vividly remember when I was a little girl playing with my dolls on the floor of the factory, and now it's where you pop in and grab a beer." Dani explains. "Everything comes full circle, it's pretty wild."

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NEW LIFE

During the pandemic, Dani and her family found solace in walking through town to Station Avenue, "I had Grayson at the beginning of the pandemic, so being able to take him out in the stroller with Eloise and walk down to Station Avenue was such a blessing. Having the town be so walkable and friendly made all the difference in coping with things during such a difficult time." Dani shares. "I absolutely love this town for so many reasons, but I think if I had to sum up the overall reason that Heights is so wonderful, it would come down to the charm and nostalgia that has transcended through time and generations. The same reasons my grandparents wanted to raise a family here, are the same reasons my mother did, and I did. It's the reason people are flocking to move into this town and more specifically raise kids. In my opinion, I believe it's the core foundational values of Heights that make it so special."

The Parks are also actively involved in taking in all that Haddon Heights has to offer. Dani's daughter, Eloise is enrolled in dance class in town at Sam Cam dance studio, plays Haddon Heights soccer and enjoys going to "her favorite place in the world", according to Dani, Jane's Tea House. The family also enjoys grabbing a bite at Local Links, Cabana Water Ice and





stopping into John's Friendly Market on the weekend. Dani recalls, "I used to go to John's Market every weekend. My grandparents used to go there years and years ago when it was called Lindsey's. It's funny, my parents and I still call it by that name all this time later even though I grew up with John Johnson taking his daily naps in his chair."

In a message to their neighbors, and to Heights Living readers, the Parks family tell us: "We truly feel blessed to live in this town, each day. We truly feel that Heights is somewhere special to live, work and build a family. We hope that our feature is enjoyed by our community and allows us to connect with neighbors, both old and new." The Parks family also enjoys flipping through the pages of the magazine each month and seeing familiar faces, along with new ones. They also enjoy hearing more about local businesses and building relationships in town! Continuing to support a town that has been home for generations is something that will remain a priority for the Parks family.

WELCOME

TO ENCORE SENIOR THEATRE COMPANY OF HADDON HEIGHTS!

BY KRISTEN JORGENSEN

ncore is a theater company for 50 year old plus adults. The theatre is ran by Karen Scioli, the Artistic Director and is sponsored by Haddon Heights Neighbors. Karen recently reached out to Heights Living magazine to invite us to their upcoming performance and share with our readers information about the group!

"I originally proposed a project for Heights seniors to the HHN committee (there was nothing around town or the area specifically for seniors to explore the creative arts and craft of theater) and the committee sponsored an 8 week acting class/murder mystery writing class with a performance at the end. It was so successful we continued with another 8 week course and eventually grew into an on-going theater company." Explains Scioli.

"I like to described our company as a "theater without borders". We don't have a specific theater to perform in, but we pop up at local venues and always pack the places. We do our mysteries, that we write, at the Community Theater and we are getting ready to do a free Monologue Night at the Sons of Italy on April 12th and we are already sold out!"

Karen comes from a professional TV/Theater/Film background and has a long history of amazing and successful career paths, including winning an Emmy and being inducted into two Hall of Fames! But Scioli says that "Encore is one of the most rewarding and fulfilling experiences I have ever had and I know that our company members feel the same way."

"The group ages range from 51 to 91 and we have no professional actors in the company. Most of the members have never acted in their lives but were curious about the process. And the process is magical. You know what they say, "the smell of grease paint and the roar of the crowd" and you're hooked. It's true." Karen explains. "We meet every Tuesday at the Cabin and work on the craft and prepare for whatever upcoming performance we have. I am so very very proud of EVERYONE in the company and just want the town to know we exist and how fabulous we are!"





The group has an active Facebook page - Encore Senior Theater Company of Haddon Heights for those that would like to follow along or for more information. Make sure to check them out to see some of the really creative and fun events they've done, including the segment on the television show "Seeking Solutions With Suzanne". The group is also working on a comedy soap opera called The Edge of Heights.



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TOP QUESTIONS

I HAVE BEEN ASKED AS A REALTOR®

BY KATHYRN MULLAN, REALTOR



eing a local resident and Realtor®, I enjoy helping people with all of their real estate needs. The journey to buy/ sell/invest/rent and the questions that come along with it are all part of what drives me to be a trusted professional to help you reach your goals. Top questions I have been asked:

1. WHAT IS THE DIFFERENCE BETWEEN THE ASSESSED AND APPRAISED VALUE OF MY HOME?

The assessed value is set by the town and is what your taxes are based on. The appraised value is set by an appraiser as the current market value of your home. Keep in mind that an appraisal is an opinion of value so it can fluctuate from one appraiser to the next. However, it is based on current market activity with similar homes in your neighborhood that have sold.



KATHRYN MULLAN

REALTOR-ASSOCIATE® Lic#: 1644280

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2. WHY DO SOME HOUSES SIT ON THE MARKET A LONG TIME EVEN IN A SELLER'S MARKET?

In any market, the three main reasons are price, location and condition. Although location can not be changed, condition and price can be adjusted to answer the feedback of the market to get that home sold.

3. DO I NEED TO RENOVATE MY BATHROOM OR KITCHEN TO LIST MY HOME?

No! Although recent updates and renovations always add value to a home, if you are only renovating to sell, factoring in those costs with how much it would add to your market value needs to be looked at carefully. If the numbers make sense, it certainly could benefit. However, examples of less expensive ways to get a home ready are: decluttering, a fresh coat of white paint on trims/doors, power washing, yard clean up, deep clean including windows, light staging or full staging if needed. I love assisting my sellers in getting their homes ready to showcase in the best way possible. For showings, always good to leave the lights on and open blinds/window treatments to let natural light in.

4. DO I NEED TO HAVE PROFESSIONAL PHOTOGRAPHY DONE?

Yes! The marketing of your home is part of the service that the agent you hire provides, pictures are included in our service to you. It is crucial even in a seller's market that your agent hires a professional to take the pictures. Most all buyers are shopping online and it is the very first look they get of your home as a new listing. I enjoy also adding in drone footage photos when that would benefit my sellers.

5. HOW CAN I MAKE MY OFFER STAND OUT WHEN I FIND A HOME I LOVE AND THERE ARE MANY OTHER OFFERS I AM COMPETING WITH?

There are many ways to make your offer get chosen over all others and still protect yourself by not waiving inspections and appraisals .Important to get your home inspections! It is not always the highest offer that seller's choose, many times it is the one with the best and most clear terms. This is why it is so important to have a knowledgeable agent assist you on one of the biggest purchases of your life. When you are thinking of buying or selling, please contact me!





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HEIGHTS SPORTS

BY KRISTEN JORGENSEN | PHOTOS SUBMITTED BY HIGH SCHOOL SPORTS DIRECTORS



GO GABBY GO!

Gabby finished 15th in the state in the 200 IM!

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STAR

INDOOR TRACK:

CONGRATULATIONS to Matt Iuvara, one of the two "Athletes of the Week"!



Matt placed 2nd at the Group 2 State Championships in the 800m. His time of 1:59.20 set a new school record and made him the first Haddon Heights athlete to ever break 2:00 indoors!

congratulations to Steven Crespo, one of the two "Athletes of the Week"!



Steven won the Group 2 State Championship in the High Jump! His clearance of 6' 2" is a new school record!

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PREP FOR PROM WITH SALON SOCIAL

BY SHANNON MCANANY

rom finding the perfect dress to picking a hair style, getting ready for prom can seem daunting.

There's a lot of things to consider-date, transportation, hair, and what dresses everyone will be wearing.....Showing up in the same dress as a classmate (ugh the horror). But your hair is the crown atop it all.

When having your hair styled for prom, there are a plethora of styles to choose so pictures will help your stylist understand what you're looking for. Do your research, it's the best way that you can guarantee you and your stylist will

be on the same page. It's important to look for what will nit just compliment your dress but also your personal style.

A low chignon is always a popular choice. More of a modern and chic look, this will allow you show off your effortless prom do. A tip to remember with this style is to keep it simple!

Looking for something more casual? Minimal curling with texture will give you the most laid-back look while still looking formal.

Just remember that Prom is supposed to be FUN! The planning leading up to it should be fun as well.





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We would like to thank The Dog House for bringing you our local pets section.

MEET OUTSTANDING OLL!!

BY KRISTEN JORGENSEN



ere at Heights Living magazine, we believe every furry friend is special in their own way, but sometimes we meet absolutely "pawsitively purrfect" companions that deserve to spend a few moments in the spotlight! This month that honors goes to the adorable Olli!

We heard from Olli's human mom, who had this to say about the precious pup!

"Meet our sweetheart, Olli. She turned

twelve on December 15th and she is the most docile, sweetest pup in the world. She has always been that way, too. She is the most amazing sister I could ever imagine for her human siblings - the patience and cuddles she provides to our 3 and 1.5 year old is truly adorable. She is known and loved by the neighborhood kids who have brought her birthday presents year after year. She absolutely adores dressing up, sleeping in a sitting position and riding in her bike basket. She was a therapy dog as well, bringing smiles to nursing home residents.

Way to go Olli, you're really one outstanding pup!

If you wou<mark>ld like to submit</mark> your pet to be featured as the next "Pet of the Month", please send a few pictures and brief description of your furry friend to our publisher Grace Hopper at ghopper@bestversionmedia.com

Hot Oil



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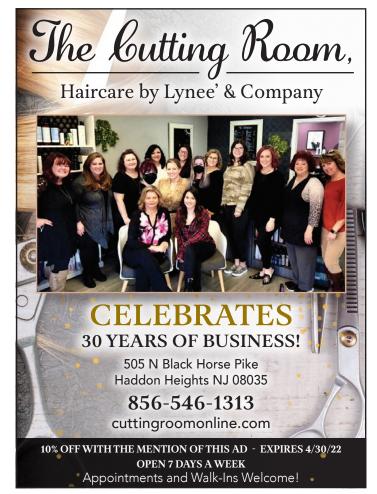


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NEW IN TOWN:

Simply Station Mutrition

BY LAUREN WISTER

llow me to introduce myself, for starters my name is Lauren Wister and I'm a realtor as well as the owner of Simply Station Nutrition in Haddon Heights. I opened Simply Station Nutrition on April 22nd to give Haddon Heights a new healthy "fast food" option that is made fresh to order and offers something for almost everyone - no matter your dietary preferences or health and wellness goals. On top of providing something healthy and delicious, I want each and every customer adults and children to have a place where they can relax, enjoy conversation, make friendships and leave their worries at the door. We strive for a warm, welcoming environment with friendly and knowledgeable staff. We look forward to making an impact by making our community healthier and happier!



SUBMITTED PHOTO: OWNER AND OPERATOR, LAUREN WISTER WITH SOON TO BE **HUBBY JARRET CUMMINS**







BY MICHAEL NEEL

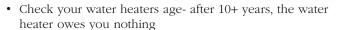
pring is upon us, April showers bring May flowers. Time to check your sump pump! Here are a few things to consider this time of year

- Back Up Sump Pump Options
- Make sure gutters and down spots are clear and 10 feet from your foundation
- · Check the grading on your property

Spring cleaning for your basements crawl spaces, these areas are often overlooked when they are not seen on a daily basis. Make an appointment to have your plumbing inspected.

Your home is an investment, lets protect it together!

HERE ARE SOME HELPFUL PLUMBING AND HEATING TIPS!



- Ask about tankless water heater options, may be a good fit for your home
- Washing machine hoses should be changed every 5 years
- If you have hydrone heating system, simple maintenance can help with heating your home

MR.NEEL Plumbing, heating and general construction offer a variety of services- call today to see if we can help with your projects.

Remember,

happens, but we can help!





EAT LOCAL:OLD RAIL TAVERN

BY KRISTEN JORGENSEN

ld Rail Tavern, the unassuming, old-school bar that offers sports on the TV, outdoor patio dining, friendly service and a full menu of burgers, pizza, chili, wings and more! Located at 101 Clements Bridge Road in Barrington, New Jersey, the Old Rail Tavern feels like the heart of the town.

We went to the Old Rail Tavern for the very first time to enjoy a little outdoor dining on an unseasonably warm afternoon in March. The inside was buzzing with locals, but given the sunny and balmy temperatures, we opted to dine outside! Getting a table was easy and we were quickly approached by our friendly server.

My first order of business was an extra dirty martini, which came out promptly and was perfectly mixed. I also ordered my "go to" soup, a classic French Onion. (Yes, I'm the kind of gal who orders soup all year round). My soup was hearty, packed full of flavor and with just the right amount of cheese.

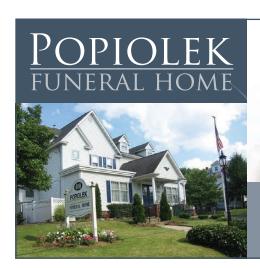
We also ordered the sampler appetizer that came with fried pickles, wings, chicken tenders, and fried zucchini! Everything was delicious and fried to perfection. My favorite was the fried pickles and the partnered dipping sauce - they were a pretty "big dill" with everyone at the table. The wings were gigantic in size, and were breaded with a tasty, medium heat, buffalo sauce on them. Another win. We also ordered a side of Old Bay fries that came with melted American cheese for dipping. Chef's kiss! We saw a few other people around us enjoying the burgers, which looked large and very appetizing and something we plan on trying at our next visit!

The portions were large, the drinks were cold, and the service was outstanding. Old Rail Tavern has a way of making you feel right at home, like a local, even if you aren't. We will definitely be going back soon!





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