# HEGHTSLVING

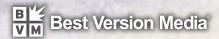
Also inside:

- Encore Senior Theatre Performance
- Around Town

## THE PHILIPPS FAMILY:

Neet

Leading Apostles of Awareness



COVER PHOTO BY MATT SOULT

#### **PUBLISHER'S NOTE**



Happy Father's Day

Dear Heights Readers!

We are so excited to welcome summer with our June issue!

We highlight **The Philipps Family** in this edition, who shed light on early detection for SMA, a rare genetic disease their son Shane was diagnosed with. We hope that you are as moved by their story as we were.

Additionally, we have educational articles to share with you from our experts in Heating and cooling (Dan Jakubowski) as well as roofing (Anthony Polizzi).

We also spotlight the latest news around town and capture your neighbors!

Lastly, June is a month for celebrating DADS! However you spend your day-- spoiling your dad, remembering him, or feeling the love because you are one, we wish you all a Happy Fathers Day!

Grace



## HEIGHTSLIVING

**PUBLICATION TEAM** 



CONTENT COORDINATOR Kristen Jorgensen

DESIGNER **Benjamin Shelton** 

#### CONTRIBUTING **PHOTOGRAPHER** Matt Soult



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#### FEEDBACK | IDEAS | SUBMISSIONS

Have feedback, ideas, or submissions? We are always happy to hear from you! **Deadlines** for submissions are the 10th of each month.

Go to BestVersionMedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: kjorgensen@ bestversionmedia.com.

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409 2nd Ave HH 4 2/1 1849 \$515,000 \$544,000 Closed
512 4th Ave HH 3 1/1 1916 \$489,900 \$518,000 Closed
1601 Cedar Ave HH 4 2/1 2950 \$510,000 \$510,000 Closed
1600 Oak Ave HH 4 2 1580 \$389,000 \$410,000 Closed
321 10th Ave HH 4 2 1371 \$360,000 \$403,000 Closed
1113 W High St HH 3 1/1 1936 \$398,777 \$400,000 Closed
207 10th Ave HH 5 1/1 2814 \$499,900 \$400,000 Closed
314 White Horse Pike HH 3 1/2 1843 \$394,900 \$385,000 Closed
1629 Maple Ave HH 3 1/1 1456 \$329,000 \$337,000 Closed
124 7th Ave HH 3 1/1 1791 \$319,900 \$315,000 Closed
1540 Oak Ave HH 3 2 1278 \$270,000 \$296,000 Closed
28 11th Ave HH 3 1 1573 \$300,000 \$292,500 Closed
103 Highland Ave HH 3 1 1044 \$270,000 \$277,500 Closed
401 E Ātlantic Ave #304 (Kings Run) HH 2 1/1 1123 \$235,000 \$238,000 Closed
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237 1st Ave HH 4 2 2361 \$495,000 Pending
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2 | HEIGHTSLIVING

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#### EXPERT CONTRIBUTORS ACCOUNTING | JOHN POJAWIS, CPA | FREEDOM FINANCIAL



153 West Cuthbert Blvd., Haddon TWP, NJ 08107 freedomfinancial@comcast.net | (856)-854-2440 John Pajawis, born and raised in Camden, has been a self employed financial adviser since 2002, as owner of Freedom Financial he helps families and individuals with advice in investments, taxes, and other key money matters. Helping others is not an option for John, but an obligation.

#### AUDIOLOGY | JONATHAN S. AYES | ASSOCIATES IN



good golf game.

**HEARING HEALTHCARE** 

d/b/a Associates in Hearing HealthCare | 502 Sheppard Road Voorhees, NJ 08043 | 856-988-1867 Ext. 219 Jon Ayes joined Associates in Hearing HealthCare in July of 2014 as Director of Operations. He became practice owner in November 2018.

Jon brings 25 years of experience in managing health care practices in a manner that enhances patient experiences. When not working, Jon enjoys family time and a

#### CHILD DEVELOPMENT | HADDON SPOT



(856) 739-7768 | haddonspot.com 705 Station Avenue, Haddon Heights, NJ 08035 Alison Abay, M.S. CCC-SLP, Allison Smith, OTR/L, and Lauren SOOT Pryzbylkowski, M.B.A. are the co-founders of Haddon SPOT, a child development center that provides services grounded within the domains

of Speech, Physical and Occupational Therapy. The Haddon SPOT team is dedicated to helping children grow and gain independence by building caring relationships and engaging experiences with each child and their family. They bring this passion to life through individual therapeutic services, small group socialization and skill building classes, special events and community activities, and parent coaching and workshops.

#### DENTISTRY | ANDREW DIETZ | THE HADDON DENTIST



(856)-547-8664 | 101 White Horse Pike Haddon Heights, New Jersey 08035 Originally from Youngstown, Ohio, Dr. Dietz received his Doctor in

Dental Surgery degree from Case Western Reserve and his Certificate in Prosthodontics from Temple University. In 1999, he started his solo practice in Haddon Heights. Remaining in Haddon Heights, in

2019 he opened a new state-of-the art facility where he practices general dentistry and prosthodontics. Dr. Dietz and his team take pride in providing personalized quality dental care. He holds leadership positions in organized dentistry on the local, state, and national level as he is committed to ensuring that patients continue to receive quality dental care and the advancement of the dental profession. In his spare time, Dr. Dietz enjoys competitive amateur golf and traveling with his family.

#### DERMATOLOGY AND COSMETIC SKINCARE | DR. ANAMARIA NEWPORT, DMS, DMD\*, MHS, PAC | FAMILY SKIN CARE CENTER.



AND COSMETICS (856) 323.8885 office | facebook.com/FamilySkinCareCenter | instagram.com/familyskincarecenter newport@familyskincarecenter.com

Owner of the Family Skin Care Center in Haddon Heights, NJ,

Dr. Newport is a highly sought after professional with extensive experience in dermatology, skincare, and cosmetic procedures using the latest technology and her own homeopathic style. A renowned public speaker, Dr. Newport is regarded as an "artist" in her industry working with patients of all ages and skin colors.

#### ELECTRICAL SERVICES URBANO



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ELECTRIC Urbano Electric is Family Owned and Operated By Pete Urbano Jr and Stephen Urbano. The company was established in 1985 by Pete Urbano

Sr. who operated the company until 2012. Pete Sr took pride in operating the company with honesty, integrity and high quality workmanship to which Pete Jr and Stephen up hold to this day

#### FUNERAL SERVICES | KIRK POPIOLEK | POPIOLEK FUNERAL HOME



(856) 546-9040 | www.njfuneralhome.net kirkpopiolek@gmail.com Kirk Popiolek was raised in the Erial section of Gloucester Township, NJ. He is a 1994 graduate of Paul VI High School. After graduating from

400 Clements Bridge Road | Barrington, New Jersey 08007

high school, Kirk attended the Philadelphia College of Textiles & Science, but later transferred to Mercer County College, majoring in Mortuary Science and Business Administration. In 1998. Kirk graduated from college and was licensed by the State of New Jersey as a Practitioner of Mortuary Science. During his career, Kirk has worked in some of the areas largest and culturally diverse funeral homes. In 2003, Kirk purchased the Metts-Davis Funeral Home in Barrington, NJ renaming it the Popiolek Funeral Home. Kirk and his wife Rebecca, along with their children Noah, Abigail Aaron and Emily reside above the funeral home.

#### INSURANCE | DAN MILLER | STATE FARM INSURANCE AGENT



910 Kings Highway | Haddon Heights, NJ 08035 (856) 546-0700 | dan@danmillerjr.com Dan Miller is a married (23 years) father of 2 sons who has been a

NJ resident for over 15 years. His office boasts 55 years of Insurance experience and has advised thousands of NJ drivers and homeowners with their most valued investment. Dan's is small office that prides itself in a

hands on approach to your insurance needs and is licensed to provide insurance in New Jersey and Pennsylvania. Dan is a State Farm Legion of Honor recipient and Small Business Leader.

#### LANDSCAPING | THOMAS MCANANY | 4 SEASONS LANDSCAPING AND LAWN CARE



Haddon Heights, NJ | M: 856-534-3553 A: P.O. Box 61 Clementon, NJ 08021 @4seasonlawn | W: 4seasonslawn.com | E: seasonscare4u@aol.com Thomas McAnany, Owner at 4 Seasons Landscaping and Lawn Care. Thomas his wife Shannon(Owner-Salon Social), and daughter Sutton

moved to Haddon Heights in 2020 after years of working in the the town. The beautiful town, shops, restaurants and people drew us in. We wanted to be close to family and friends. 4 Seasons has been servicing Haddon Heights for 15 years, offering complete maintenance for your property. At 4 Seasons we believe that your property is where family, and friends make memories. Our goal is to create a beautiful property, while maintaining it to keep it looking its best. Here at 4 Seasons we offer services for both the residential homeowner and for bigger commercial properties. The best part is that every customer is treated extremely personal by providing quality service with a passion.

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111 Bewley Rd | Haddonfield, Camden County 08033 856-745-4820 | Jakubowskiheatingandair@gmail.com As Owner/Operator of Jakubowski Heating & Air, Daniel has been providing outstanding service in South Jersey for the last 12 years. Jakubowski Heating & Air takes care of all your HVAC needs including new installation, preventative maintenance, and system repairs.

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To learn more about becoming an expert contributor, contact Grace Hopper at ghopper@bestversionmedia.com or 908-400-6898.

#### OPHTHALMOLOGIST | MICHAEL S. KRESLOFF, MD | **KRESLOFF EYE ASSOCIATES**



900 Haddon Ave, Suite 102 Collingswood, NJ 856-854-4242 | www.kresloffeye.com | fb: kresloffeyeassociates Dr Michael Kresloff, MD is a board certified ophthalmologist, a fellow of the American Academy of Ophthalmology and a member of the American Society of Cataract and Refractive Surgeons. He is a Wills Eye affiliated

surgeon specializing in laser cataract and refractive surgery. His goal is to reduce or eliminate his patients' need for glasses through the use of specialized lenses that correct for prescriptions including astigmatism. He has been recognized by many online, local and national publications as a top doctor for his work and compassion.

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#### **REAL ESTATE | KATHRYN MULLAN, REALTOR-ASSOCIATE®**



C. 609.970.3078 | O. 856.685.5600 | KMullan@cbpref.com | KathyMullanMovesSouthJersey.com

As a top-producing, award-winning real estate agent, Kathryn Mullan's business is built on relationships. A lifelong Southern New Jersey resident who has lived in Haddon Heights since 1999, she is well-versed in the area and also excels at helping locals buy or sell at the Jersey shore.

Kathryn enjoys living in Haddon Heights with her husband, two children and two dogs and spending time at their beach house in Wildwood Crest. Contact her today for your real estate needs – she would be honored to serve you!



#### **ROOFING | ANTHONY POLIZZI | THE ROOF GUY**



Siding | Windows | Door | (856) 617-0009 www.roofguynj.com | Apolizzi@guyontheroof.com Anthony Polizzi, founder of The Roof Guy saw a need in the industry for more contractors to operate with honesty and integrity. The Roofing Guy's motto is simple, do what you say you're going to do, when you say you're going to do it.

#### WEALTH MANAGEMENT | WILLIAM "BILL" WALTERS | NEW YORK LIFE INSURANCE



267-278-5062 | 379 Thornall Street, 8th Floor, Edison NJ 08837 wjwalters@ft.newyorklife.com | linkedin.com/in/billjwalters William "Bill" Walters is an agent for New York Life Insurance. Bill Grew up in Haddon Heights, New Jersey. New York Life has 176 years of documented success, Please let Bill protect your family so you can focus on creating memories. Bill will serve you with personalized, effective,

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# TIPS TO KEEPINGIN THE<br/>SUMMERYour Electric Bill Low...MONTHS!

BY DANIEL JAKUBOWSKI





ummer months are just around the corner. Unfortunately for homeowners when the temperature goes up outside, so does your electric bill. Here are a few simple tips to keep your home cool and electric bill low.

Upgrade to a new energy efficient HVAC system. Investing in a new energy efficient system will save thousands in energy costs over the life of the system.

Schedule routine preventative maintenance with an HVAC professional. Scheduled coil cleanings, filter replacements, and checking refrigerant levels will save on costly repairs during peak season.

Properly program or upgrade your thermostat for energy savings. The Energy Star program recommends a 6-8 degree temperature offset when you are not home for optimal energy savings.

Ensure your attic is properly insulated and ventilated. Attics can exceed temperatures of 130 degrees during summer months. The removal of this heat with an attic fan can greatly reduce the heat load on your homes A/C system.

Replace broken or missing weather stripping on all windows and doors

Cover windows with UV rated curtains and blinds to help reduce heat gain in your home.

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## MEET THE PHILIPPS FAMILY:

Leading Apostles of Awareness

BY KRISTEN JORGENSEN | PHOTOS BY MATT SOULT

"No voice is too soft when that voice speaks for others." HOW A CRIPPLING DIAGNOSIS TURNED A LOCAL MOTHER INTO A RELENTLESS ADVOCATE FOR HER FAMILY AND MOTHERS EVERYWHERE.

hen Regina, a Northeast Philadelphia native and husband Chris Philipps, originally from Cinnaminson, married in 2015, they always wanted to start a family and were overjoyed to find out they were expecting in 2017. The couple welcomed their son Shane into the world, and everything was exactly what any new parent would hope for when bringing home a brand-new baby boy. Now Haddon Heights residents, the couple became first time parents to Shane, who was born on January 26th, 2018. Early on, Shane was seemingly healthy, strong and with a big personality. And then something changed.

#### SIGNS OF TROUBLE

Shane received his routine New Jersey newborn screening panel at the hospital before being discharged. The new parents didn't think much of the little heel prick Shane received as part of the routine screening that all babies receive before leaving

the hospital- or the potential effect it could have had on the future and Shane's life.

At first, Shane started to develop typically and in line with other infants his age. "He was holding his head up, rolling over and kicking his legs like crazy. Everything you would expect and all his age-appropriate milestones." Explains Regina. But, at around 6 months old, Shane started to regress.

"We first noticed that he wasn't really moving as much as he used to," Regina said. "So we decided to send him to his neurologist, who referred us to a neurologist." Shane's pediatrician recommended he start physical therapy to help with his muscle development. After months of appointments, Shane continued to lose strength – just at a slower rate than before. Shane's care team referred him to a neuromuscular specialist for additional testing.

Regina and Chris got Shane an appointment at the Children's Hospital of Philadelphia, where they received a startling diagnosis — spinal muscular atrophy (SMA) Type 2. This rare

genetic disease was not a part of Shane's newborn screening panel and was extremely difficult to diagnose, as it can result in a slow loss of motor function.

"Finding out something is seriously wrong with your child is without a doubt the scariest and loneliest moment in any parent's life. I remember asking the doctor if he was going to die," Regina said. "Hearing that diagnosis, it is one of the most terrifying things you could ever have happen to you as a parent."

#### WHAT IS SMA?

SMA is a rare, devastating genetic disease that leads to progressive muscle weakness, paralysis and, when left untreated in its most severe forms, results in the rapid and irreversible loss of motor neurons, affecting muscle functions, including breathing, swallowing and basic movement.

There are different types of SMA, each of which have varying signs and symptoms. Left untreated, patients diagnosed with SMA Type 2 typically never walk and some will die by the age of 25.

SMA Type 2 can often be tricky to diagnose. "The signs, and age of symptom onset, vary from patient to patient. It can be a baby at 6 months who can't sit unassisted or one at 12 months who stopped putting weight on their legs." Explains Regina. Despite the initial fear, the Philipps family knew it was important to support and advocate for Shane the best way they could And they were fortunate to get him the available treatment shortly after he was diagnosed. Today, Shane is getting around in his wheelchair and walker, standing with bracing and so much more. His parents are grateful that he was diagnosed and received treatment before he lost even more function. They feel they are the "luckiest of the unlucky."



#### CATCHING SMA THROUGH SCREENINGS

Millions of babies across the country routinely undergo newborn screening at birth for conditions that can affect a child's long-term health or survival, but screening rules and which conditions are included in the panel, unfortunately vary by state. Even though there are now three treatments approved by the FDA for SMA, SMA is not included in every state's routine newborn screening panel.

For Regina and Chris, they learned so much through Shane's journey, but one of the biggest lessons was how important that routine newborn screening panel was during his first days of life. Although SMA was not part of the newborn screening panel at the time of Shane's diagnosis, it can still make a big impact on our children's lives. "Early detection is crucial. The sooner you diagnose and treat SMA, the better," Regina explains. "In its most severe forms, SMA can progress rapidly. Every day matters. For these babies, early diagnosis and treatment can change the course of their entire life.'

After Shane received his diagnosis and the Philipps learned there was a way it could have been caught sooner, Regina jumped into action. "I worked with parents across the state to petition legislators to get SMA added to the New Jersey screening panel. We made phone calls, wrote letters, did whatever we could to get the bill passed. I owe a great deal of the support we received undoubtedly to the Haddon Heights community, who signed and shared a call-to-action letter. We know we had way more eyes and a loud voice on our petition because of the support of our entire community. It's hard for a senator to ignore a petition with over 1,100 signatures." Explains Regina.

#### A BRIGHTER FUTURE

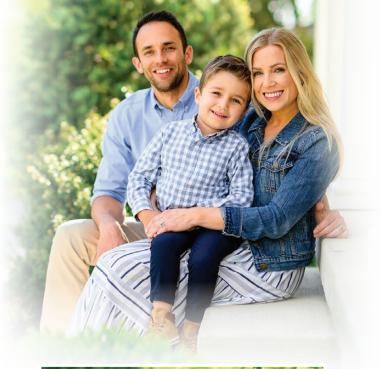
Through the tenacious efforts of Regina and other parents across the state, New Jersey passed the bill to add SMA to the state's newborn screening panel. As of February 1st, 2022, every baby born in the state is now screened for the disease at birth so they can receive treatment as soon as possible. In the case of a baby with the same presentation as Shane, that will mean never getting symptoms. In the case of some babies, it will mean the difference between life and death. It will also have an impact beyond just newborns. For those babies who screen positive and have older siblings who don't know they have SMA yet, they can be tested and saved from future symptoms.

#### MORE TO DO

In addition to all the responsibilities Regina has her in career as a litigation lawyer, a mother, SMA advocate and wife to Chris, she also decided to add councilwoman to her many titles. "Why not me?" she laughs. "I think keeping busy is how I keep it all together. A mind in motion, stays in motion." In continuing her path of making a difference in the world, she truly wanted to find a way to give back to the town and residences that she truly feels supported her through the most challenging of times. "We had so much support from the community that it often motivated me to keep going in fighting for change. I'm a firm believer that you can either let a situation define you, or you can use it to motivate you. But it doesn't hurt to have people in your corner, rooting for you along the way." Explains Regina. She was sworn in as council woman on January 1st, 2021, as one of six council members with her focus on public safety issues.

Whenever this incredibly busy family has a moment of downtime, they enjoy walking along Station Avenue or going on bike rides through the quaint town. Chris and Shane enjoy flexing their budding green thumbs with a little home garden in the backyard. "They both love going in the yard and gardening together. Apparently, they have planted watermelons and pumpkins back there, which I know nothing about." Regina jokes. The Philipps family are also certified "beach goers', as Regina's parents own a condo in Brigantine that they frequent on the weekends during the summer months.

To find out more information on SMA and the status of your state's newborn screening status, visit *www.CureSMA.org.* Results and outcomes vary among children based on several factors, including how far their SMA symptoms had progressed prior to receiving treatment.







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BY ANTHONY POLIZZI





A waterproofing membrane is placed around the edges of the roof to prevent ice damming, where the ice builds a dam just above your gutter and causes the water to reverse under your shingles.

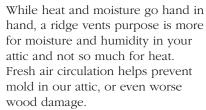


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#### **PIPE FLASHING:**

Ever wondered what those PVC pipes are sticking up? They are to prevent backflow in your plumbing lines. They are incredibly important and so is waterproofing them. This is a common leak area as not everyone replaces them. We do!

## **ROOFING 101** WITH THE ROOF GUY!

**EXPERT CONTRIBUTOR** 

Th this being my first time contributing to the publication, I thought it would be important to share some roofing details that homeowners should be aware of when shopping for a contractor. Although the end result is similar, roofing is not like comparing apples to apples. It's about knowledge, integrity and dedication to your home.



If you need help with your roofing needs, we are here for you! Call us at 856-617-0009



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## MENTAL HEALTH AWARENESS

BY KRISTEN JORGENSEN

ay was Mental Health Month and the Haddon Heights school district made sure to bring awareness to the importance of children's mental health through a series of events throughout the week of May 1st through the 9th.

Children's Mental Health Awareness Week was brought to our attention from Dawn Reilly, one of the School Psychologists and SEL Coordinators at Haddon Heights School District Social Emotional Learning & Mental Health Team.

Along with the HHSD SEL & Mental Health Team, the goal was to emphasize the importance of Mental Health Awareness through district and community events.

Most notably the Glow & Grow Initiative!

The Haddon Heights School District has partnered with 30 local businesses on Station Avenue for an opportunity to make a positive impact in our community through ART!

The aim is to raise Mental Health Awareness and End the Stigma in both our district and community. Through a joint collaboration with the Social Emotional Learning/Mental Health Team, the elementary Art Department, Height Grows, and the HH Public Library we are beautifying Station Avenue to bring HOPE and AWARENESS.

A Living Art Installation was placed in business windows created by our elementary students, based on the theme:



Children's Feelings Are a Work of Art! This event was funded by the Haddon Heights Education Association and the Haddon Heights PTG.







### **KATHLEEN SULLIVAN** 1/4

The sports spotlight is proudly sponsored by Haddon Savings Bank.

## **HEIGHTS SPORTS**

BY KRISTEN JORGENSEN | PHOTOS SUBMITTED BY HIGH SCHOOL SPORTS DIRECTORS



#### **HUGE RUNS FROM THESE**

**TWO!** Chris Hunter third in a huge PR in the 400 Hurdles! And a NEW SCHOOL RECORD from Colin Patterson in the 1600. Congrats guy!



#### SO PROUD OF **GARNETS TENNIS** #

Former #1 Ryan Wartenberg (center back), who now is playing for Goucher College. His team won their division and is now headed o Nationals!



**CONGRATULATIONS** to Jake Griess for being selected this week's, "Athlete of the Week"! Jake helped lead the Garnets to a 4-4 record last week. He was 10 for 16 with 9 runs scored, 3 doubles and a triple. Jake has also been contributing defensively at Short Stop!



**CONGRATULATIONS** to Matt Underwood and Paddy Kearns Camden County Tournament award winning Doubles Team Tennis!! Great way to

epresent the Garnets!



#### **ANOTHER GREAT PERFORMANCE FROM** THIS CREW TODAY AT

PENN! 2nd in their heat in a seasonal best of 3:28! Great work guys!

#### **CONGRATULATIONS** to Colin Patterson



for being selected this week's Athlete of the Week! Colin broke a 15 yr old school record in the 1600M this past Thursday at the SJTCA Elite Meet. His time of 4:19.82 is the first time a Haddon Heights runner has ever broken 4:20. Congrats!

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## Encore Senior Theatre Performance BY KRISTEN JORGENSEN

"Encore, Encore"

ncore Senior Theatre, a theatre company for 50 year old plus adults, performed a monologue night at the Sons of Italy on April 12th to a sold out show! Of course Heights Living had to stop by to check it out! It was a successful night filled with talented performances, light bites, and

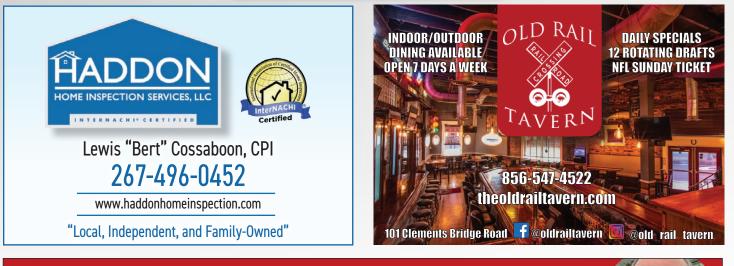
of course a little celebratory wine! The group meets every Tuesday at the Cabin to prepare for upcoming events. They are currently working on a comedy murder mystery for the fall that will also be open to the public!

You can also follow them on Facebook - Encore Senior Theatre Company for more up to date information.









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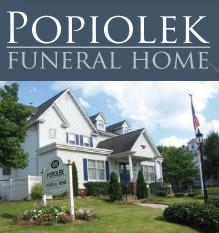
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PET CORNER

We would like to thank 🛛 🏫

The Dog House for bringing you our local pets section.

Meet Sophie: THE PUBLIC SERVICE LABROTTI!

BY KRISTEN JORGENSEN



ere at *Heights Living* magazine, we believe every furry friend is special in their own way, but sometimes we meet absolutely "pawsitively purrfect" companions that deserve to spend a few moments in the spotlight! This month that honors goes to public servant Sophie!

Sophie resides here in Heights on the White Horse Pike with her humans and is bringing a smile to the faces of many people in and around town. Her "hooman" dad, Doug, had this to say about her:

"My dog Sophie is a 5 year old Labrotti (Labrador Retriever and Rottweiler). She was adopted from Animal Welfare Association (AWA) in Voorhees. Since she turned one and completed her training and earned her AKC Canine Good Citizen title, she and I have been making Pet Therapy visits. We have been all over, Assisted Living Facilities, Schools, Library reading programs, Rowan College Campuses, Salvation Army Kroc Center, just to name a few. Last year she earned her AKC Therapy Dog Advanced title with 100 visits. We were busy in 2021 and are getting close to 200 visits, which would give her another AKC title.

We represent AWA's Pet Therapy Program, Crisis Response Canines and most recently Rowan's Pet Therapy Program. We hope you enjoy some photos of Sophie in action!"



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What a super story Sophie! Keep up all the hard work!

If you would like to submit your pet to be featured as the next "Pet of the Month", please send a few pictures and brief description of your furry friend to our publisher Grace Hopper at ghopper@bestversionmedia.com





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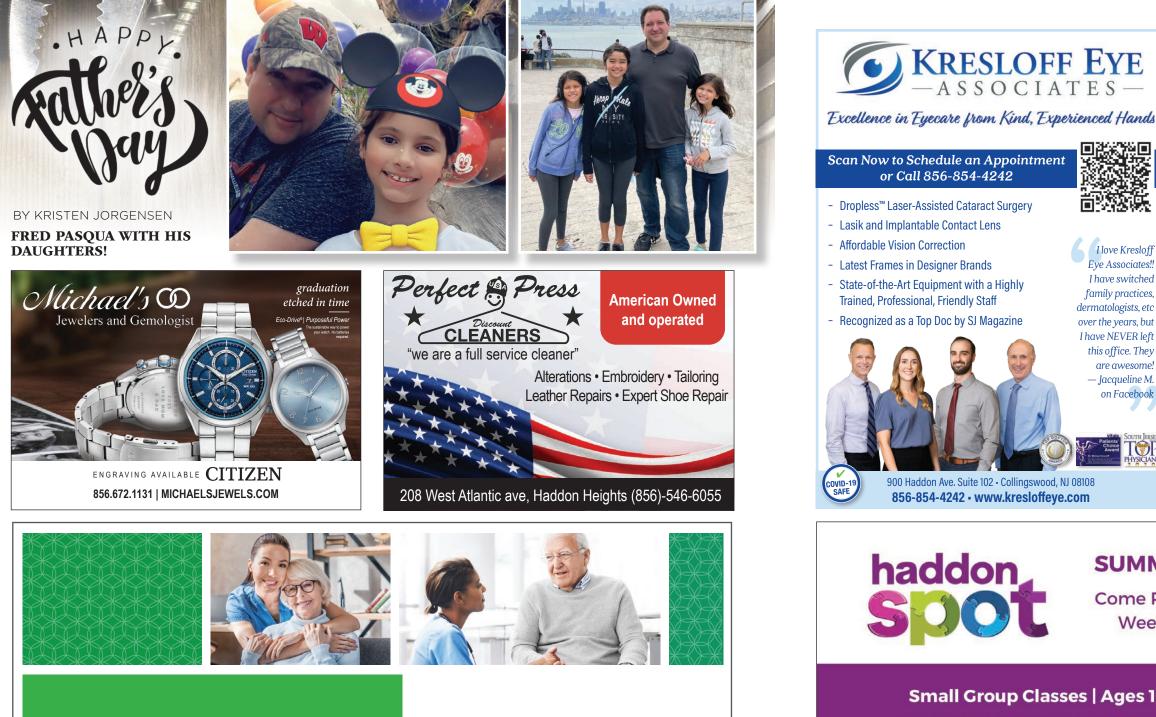
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